



**YMCA OF MIDDLETOWN**  
**POOL SCHEDULE**  
**November 28, 2011 - February 12, 2012**

YMCA of Middletown  
 81 Highland Avenue  
 Middletown, NY 10940  
 845-344-9622  
[www.middletownymca.org](http://www.middletownymca.org)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-9:00 LAP SWIM	5:30-8:00 LAP SWIM	5:30-9:00 LAP SWIM	5:30-8:00 LAP SWIM	5:30-9:00 LAP SWIM	7:00-8:00 LAP SWIM	8:00-8:45 LAP SWIM
9:00-9:45 AQUACIZE w/Patty	8:00-9:00 LAP SWIM	9:00-9:45 AQUACIZE w/Patty	8:00-9:00 LAP SWIM	9:00-9:45 AQUACIZE w/Patty	8:00-9:00 LAP SWIM & PRIV LESSONS	8:45-9:45 AQUACIZE W/ Angie
9:45-10:30 AQUACIZE w/Patty	9:00-10:00 AQUACIZE w/Nina	9:45-10:30 AQUACIZE w/Patty	9:00-10:00 AQUACIZE w/Nina	9:45-10:30 AQUACIZE w/Patty	9:00-12:45 LESSONS	9:45-11:45 LESSONS
10:30-11:00 LESSONS	10:15-11:00 ADULT LESSONS	10:30-11:00 LESSONS	10:15-11:00 ADULT LESSONS	10:30-11:30 RESERVED	12:45-2:00 LAP SWIM	11:45-1:00 LAP SWIM
11:00-11:30 PRE-K (4YO)	11:00-11:30 PRE-K (UPK) & LAP SWIM	11:00-11:30 TEMPLE/PRIV	11:00-11:30 PRE-K (3YO) & LAP SWIM	11:30-12:00 SENIOR SWIM	2:00-3:00 PARTIES	1:00-2:00 PARTIES
11:30-12:00 SENIOR SWIM	11:30-1:30 LAP SWIM	11:30-12:00 SENIOR SWIM	11:30-1:30 LAP SWIM	12:00-3:00 LAP SWIM	3:00-4:30 FAMILY SWIM PRIV LESSONS	2:00-3:30 FAMILY SWIM PRIV LESSONS
12:00-2:15 LAP SWIM	1:30-2:00 PREK & SKIP & LAP SWIM	12:00-3:45 LAP SWIM	1:30-2:00 LAP SWIM & LESSONS	3:00-4:00 LAP SWIM & ADULT REC	4:30-5:45 LAP SWIM	3:30-4:45 LAP SWIM
2:15-2:45 PRE-K (4YO) & LAP SWIM	2:00-2:15 LAP SWIM	3:45-4:45 FAMILY SWIM PRIV LESSONS	2:00-2:15 LAP SWIM	4:00-6:00 LESSONS		
2:45-3:00 LAP SWIM	2:15-2:45 PRE-K (UPK) & LAP SWIM	4:45-6:00 LESSONS	2:15- 2:45 PRE-K (3YO) & LAP SWIM	6:00-7:00 AQUACIZE W/ Nancy		
3:00-4:00 LAP SWIM & PRIV LESSONS	2:45-3:00 LAP SWIM	6:00-7:00 AQUACIZE W/ Angie	2:45-3:00 LAP SWIM	7:00-8:00 FAMILY SWIM PRIV LESSONS		
4:00-6:00 LESSONS	3:00-4:00 LAP SWIM & ADULT REC	7:00-9:45 LAP SWIM	3:00-4:00 LAP SWIM & ADULT REC	8:00-9:45 LAP SWIM		
6:00-7:00 AQUACIZE W/Nancy	4:00-4:30 PRIV LESSONS		4:00-4:30 PRIV LESSONS			
7:00-9:45 LAP SWIM	4:30-5:45 LESSONS		4:30-5:45 LESSONS			
	5:45-6:45 FAMILY SWIM PRIV LESSONS		5:45-6:45 FAMILY SWIM PRIV LESSONS			
	6:45-7:30 ADULT LESSONS		6:45-7:30 ADULT LESSONS			
	7:30-9:45 LAP SWIM		7:30-9:45 LAP SWIM			