

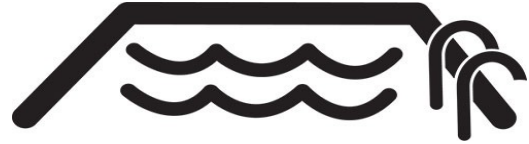


FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Lifeguard Classes 2017-2018 YMCA OF MIDDLETOWN

For more information please contact Danielle McAvinue at:
(P) 845 956 1549 or (E) dmcavinue@middletownymca.org



Lifeguard Training

- Must be 15 by the last day of the class
- Must be able to swim 300 yards with your face in the water, retrieve 10 pound object from 7 feet of water, swim 20 yards on your back with the object in your hand, and tread water for 2 minutes
- All classes must be attended (NO EXCEPTIONS)
- Please be on time for all class sessions
- Upon successful completion certification will include: Lifeguarding, CPR, AED, and First Aid.

Lifeguard Recertification

- Must bring current certification
- CPR, AED, and first aid are included in this class.
- Must be able to swim 300 yards with your face in the water, retrieve 10 pound object from 7 feet of water, swim 20 yards on your back with the object in your hand, and tread water for 2 minutes
- All classes must be attended (NO EXCEPTIONS)
- Please be on time for all class sessions
- Upon successful completion certification will include: Lifeguarding, CPR, AED, and First Aid.

Course Number	Course Name	Course Date	Schedule	YMCA Member Fee	Program Member Fee
1	Lifeguard Recertification	Oct 9	10:00am-6:00pm	\$150	\$200
3	Lifeguard Training Must attend all sessions	Oct 17, 18, 19, 20 & Oct 21	5:00pm-10:00pm 10:00am-6:00pm	\$325	\$375
5	Lifeguard Recertification	Nov 1 & 2	6:00pm-10:00pm	\$150	\$200
7	Lifeguard Recertification	Dec 17	10:00am-6:00pm	\$150	\$200
9	Lifeguard Training Must attend all sessions	Dec 26, 27, 28 & 29	10:00am-6:00pm	\$325	\$375
11	Lifeguard Recertification	Jan 9 & 10	6:00pm-10:00pm	\$150	\$200
13	Lifeguard Recertification	Feb 4	10:00am-6:00pm	\$150	\$200
15	Lifeguard Recertification	March 10	10:00am-6:00pm	\$150	\$200
17	Lifeguard Training Must attend all sessions	March 26, 27, 28 & 29	10:00am-6:00pm	\$325	\$375
19	Lifeguard Recertification	April 8	10:00am-6:00pm	\$150	\$200

See reverse side for additional classes and the registration form.

21	Lifeguard Recertification	April 14	10:00am-6:00pm	\$150	\$200
23	Waterfront Lifeguarding Must be a current Lifeguard	May 6	10:00am-1:00pm	\$100	\$150
25	Lifeguard Recertification	May 8 & 9	6:00pm-10:00pm	\$150	\$200
27	Lifeguard Recertification	May 19	10:00am-6:00pm	\$150	\$200
29	Lifeguard Training Must attend all sessions	May 20 & May 21, 22, 23 & 24	10:00am-6:00pm 5:00pm-10:00pm	\$325	\$375
31	Lifeguard Recertification	June 3	10:00am-6:00pm	\$150	\$200
33	Lifeguard Training Must attend all sessions	June 5, 6, 7, 8 & June 9	5:00pm-10:00pm 10:00am-6:00pm	\$325	\$375
35	Waterfront Lifeguarding Must be a current Lifeguard	June 10	10:00am-1:00pm	\$100	\$150
37	Lifeguard Recertification	June 16	10:00am-6:00pm	\$150	\$200
39	Lifeguard Recertification	June 23	10:00am-6:00pm	\$150	\$200

American Red Cross Courses - Registration Form

Course Name _____ **Course Number** _____

NAME _____ **D.O.B.** _____ **STUDENTS PHONE** _____

PAYMENT TYPE _____ **CHECK #** _____ **CREDIT CARD #** _____ **EXP** _____

ADDRESS _____ **CITY** _____ **STATE** _____ **ZIP** _____

PARENT/LEGAL GUARDIAN _____ **EMERGENCY PHONE** _____

I understand that I will only receive 50% of the course cost if the YMCA is not notified of cancelation 7 days prior to the start date. Refunds are not available once the class begins. (Initials) _____

I understand that all pre requisite swim tests will be given on the first day of class and I must pass them in order to participate in Lifeguarding and WSI classes. (Initials) _____

Please mail the registration form to:
YMCA OF MIDDLETOWN
ATTN: Danielle McAvinue
81 Highland Avenue
Middletown, NY 10940



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CPR Classes 2017-2018

YMCA OF MIDDLETOWN

81 Highland Avenue, Middletown, NY 10940



For more information please contact Danielle McAvinue at:
(P) 845 956 1549 or (E) dmcavinue@middletownymca.org

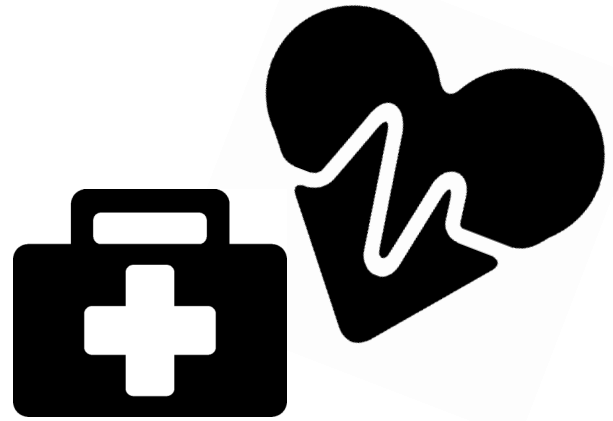
Course Number	Course Name	Course Date	Schedule	YMCA Member Fee	Program Member Fee
2	CPR Recertification Must bring current certification.	Oct 9	10:00am-2:00pm	\$100	\$125
4	CPR for the professional with First Aid	Oct 9	10:00am 6:00pm	\$125	\$175
6	CPR Recertification Must bring current certification.	Nov 1	6:00pm-10:00pm	\$100	\$125
8	CPR Recertification Must bring current certification.	Dec 17	10:00am-2:00pm	\$100	\$125
10	CPR Recertification Must bring current certification.	Jan 9	6:00pm-10:00pm	\$100	\$125
12	CPR for the professional with First Aid	Jan 15	10:00am -6:00pm	\$125	\$175
14	CPR Recertification Must bring current certification.	Feb 4	10:00am-2:00pm	\$100	\$125
16	CPR for the professional with First Aid	Feb 19	10:00am -6:00pm	\$125	\$175
18	CPR Recertification Must bring current certification.	March 10	10:00am-2:00pm	\$100	\$125
20	CPR Recertification Must bring current certification.	April 8	10:00am-2:00pm	\$100	\$125
22	CPR Recertification Must bring current certification.	April 14	10:00am-2:00pm	\$100	\$125
24	CPR Recertification Must bring current certification.	May 8	6:00pm-10:00pm	\$100	\$125
26	CPR Recertification Must bring current certification.	May 19	10:00am-2:00pm	\$100	\$125
28	CPR Recertification Must bring current certification.	June 3	10:00am-2:00pm	\$100	\$125
30	CPR for the professional with First Aid	June 21 & 22	6:00pm-10:00pm	\$125	\$175
32	CPR Recertification Must bring current certification.	June 16	10:00am-2:00pm	\$100	\$125
34	CPR Recertification Must bring current certification.	June 23	10:00am-2:00pm	\$100	\$125

See reverse side for a registration form and additional classes being held at the South Orange Family YMCA in Monroe, NY.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CPR Classes 2017-2018
SOUTH ORANGE FAMILY YMCA
45 Gilbert Street Extension, Monroe, NY 10950



For more information please contact Danielle McAvinue at:
(P) 845 956 1549 or (E) dmcavinue@middletownymca.org

Course Number	Course Name	Course Date	Schedule	YMCA Member Fee	Program Member Fee
36	CPR for the professional with First Aid	Oct 23 & 24	5:00pm - 10:00pm	\$125	\$175
38	Basic Level CPR	Nov 4	1:30pm-5:30pm	\$75	\$100
40	CPR for the professional with First Aid	Nov 18	1:30pm-8:30pm	\$125	\$175
42	CPR Recertification Must bring current certification.	Nov 19	1:30pm-5:30pm	\$100	\$125
44	CPR for the professional with First Aid	Dec 5 & 6	5:00pm - 10:00pm	\$125	\$175
46	CPR Recertification Must bring current certification.	Feb 24	1:30pm-5:30pm	\$100	\$125
48	CPR for the professional with First Aid	April 28	1:30pm-8:30pm	\$125	\$175
50	CPR Recertification Must bring current certification.	April 29	1:30pm-5:30pm	\$100	\$125

See reverse side for additional classes being held at the YMCA of Middletown in Middletown, NY.

American Red Cross Courses - Registration Form

Course Name _____ Course Number _____

NAME _____ D.O.B. _____ STUDENTS PHONE _____

PAYMENT TYPE _____ CHECK # _____ CREDIT CARD # _____ EXP _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PARENT/LEGAL GUARDIAN _____ EMERGENCY PHONE _____

I understand that I will only receive 50% of the course cost if the YMCA is not notified of cancelation 7 days prior to the start date. Refunds are not available once the class begins. (Initials) _____

Please mail the registration form to:
YMCA OF MIDDLETOWN
ATTN: Danielle McAvinue
81 Highland Avenue
Middletown, NY 10940